



## Day Tour Gear/Clothing List Sea Kayaking or Glacier Hiking

The best way to dress for a kayak day tour or a glacier day hike is to dress in layers. Please try to avoid cotton when ever possible. Polypro, Fleece or even wool is highly recommended.

### Sea Kayak Day Tours

- Long Pants (preferably non-cotton)
- Lightweight Shirt (t-shirt)
- Medium-weight polypro sweatshirt/fleece
- Heavy-weight fleece jacket or similar
- 100% waterproof Rain pants and Jacket (coated nylon works best)
- Warm socks (wool or polypro) an extra pair is good to have too
- Warm glove liners (wool or polypro gloves) (we have waterproof gloves to go over liner gloves)
- Warm Hat
- Rain Hat if you have one
- Sun Glasses
- Baseball or sun hat for sunny days
- 1 set of Extra cloths and layers (we give you dry bags to put extra clothes in)
- Sunscreen
- Camera
- Binoculars
- Bring a Lunch on all day tours over 4 hours.
- Water bottle

We supply rubber boots for the kayak day trips. You can bring comfortable shoes for the boat ride if you would like. We also serve hot drinks and snacks on all Day Tours other than Duck Flats.

### Hiking Day Tours:

Dressing for Glacier Hikes and Ice climbing is very similar to the above list except you should bring the following beyond what is listed above.

- Light Hiking shoes or boots (sneakers work, but something more waterproof is preferred.)
- A day pack sized Backpack so you can hike and have your hands free
- Waterproof/Breathable rain gear is great (although 100% coated nylon works as well)

\*Heavy Duty Ice Climbing boots are proved on ice climbing trips