



Day Tour Gear/Clothing List Sea Kayaking or Glacier Hiking

The best way to dress for a kayak day tour or a glacier day hike is to dress in layers. Please try to avoid cotton whenever possible, as cotton loses its insulating properties if it becomes wet. Synthetic materials such as polypro, fleece or even wool are highly recommended.

Sea Kayak Day Tours

- Long Pants (preferably non-cotton)
- Lightweight Shirt (t-shirt)
- Medium-weight polypro sweatshirt/fleece
- Heavy-weight fleece jacket or similar
- Warm socks
- Warm glove liners (we have waterproof gloves to go over liner gloves)
- Warm Hat
- Rain Hat if you have one
- Sun Glasses
- Baseball or sun hat for sunny days
- Sunscreen
- Camera
- Binoculars
- Bring a Lunch on all day tours over 4 hours.
- Water bottle

We supply rain jackets, splash pants, and rubber boots for the kayak day trips (to be worn on top of your layers). Dry bags are provided to bring any extra gear you might like to have with you on the trip. We also serve hot drinks and snacks on all day tours other than Duck Flats.

Hiking Day Tours:

Dressing for Glacier Hikes and Ice Climbing is very similar to the above list except you should bring the following beyond what is listed above.

- Light Hiking shoes or boots (sneakers work, but something more waterproof is preferred.)
- A day pack sized Backpack so you can hike and have your hands free
- Waterproof/Breathable rain gear is great (although 100% coated nylon works as well)

*Heavy duty Ice Climbing boots are provided on ice climbing trips